

## 41. Nappy Change Procedure



When changing nappies:

- **Wash your hands.**
- **Put on gloves** (single use non-latex)
- **Place paper towel** on nappy change table
- **All staff will wear gloves for nappies soiled by faeces or urine**, especially if they have cuts, cracked skin, or infections on your hands, and if they are pregnant – take particular precautions not to have contact with urine because of the risk of exposure to cytomegalovirus (CMV).
- **Place child on nappy change table or assist them to use nappy change steps.**
- **Remove the child's nappy.**
- **Place soiled disposable nappy in bin.**
- **Keep one hand on the child** at all times to prevent them from falling off the table.
- **Clean and dry the child's bottom**, wiping front to back, remove the paper from the change table and put into the bin.
- **Remove gloves** before touching the child's clean clothes or putting on a clean nappy, by peeling them back from your wrists; do not let your skin touch the contaminated surface of the gloves, put gloves in the bin.
- **Place a clean nappy under the child.** If **nappy cream** required put on **clean gloves** and **apply nappy cream** as needed. Fasten nappy.
- **Dress child**
- **Wash the child's hands** or instruct/assist child to wash their own hands
- **Take child away from the change table or area.**
- **Clean the change table**, mat or surface after each nappy change.
- **Wash your hands.**
- **Record nappy change time and details** including application of nappy cream.